



“The one who is nourished on the Bread of Christ cannot remain indifferent before the one who, even in our day, is deprived of daily bread.”

Dear Lord,

We thank you for the blessings of food, water, shelter, family and well-being. As we enjoy healthy food, we will think of those who struggle to feed their families every day.

You taught us to pray.

As we say “Give us today our daily bread” we make that prayer also for the millions who go hungry every day.

You fed the hungry.

Inspire in us the commitment to follow your example, showing compassion in action and sharing what we have with those who have less.

You cared for all.

**Help us to remember your command to love one another.
Help us to see you in each of our brothers and sisters
– especially those who are in need.**

You are the Bread of Life.

**Strengthen us as we work for justice in the world.
Help us to stand in solidarity with the poorest of the poor.**

**You came so that we could have life and have it to the full.
Our prayer is that this might be true for all.**

**We pray that communities and governments recognise our shared responsibility to be more just in sharing the world’s resources.
Help us to care more deeply, live more simply and share more fully.**

Amen

“How does God’s love abide in anyone who has the world’s goods and sees a brother or sister in need and yet refuses to help?”

- 1 John 3.17