Circles of Control, Influence and Concern





Concern

Influence

Control

What I say, my thoughts and actions, where I live and work, my attitude, my time, my finances, the friends that I choose.

People in my life e.g. my family, neighbours, co-workers. My community.

The weather, natural disasters, sickness or injury, world events, actions of others, politics.

Source: Diagram adapted from Stephen Covey's Circle of Influence and Control.