



Project Compassion Sunday, February 18

Please take home a Project Compassion box and/or a set of envelopes and give generously to the appeal this Lent. Your donations will allow Caritas Australia to reduce poverty and hunger in more than 35 countries around the world.



1st Sunday of Lent, February 25

We are challenged to be instruments of God's love and compassion in our world today. Caritas Australia's Project Compassion story this week is from Bangladesh where Farid and his community now have the skills and resources to raise fish and grow vegetables all year round. Your donation to Project Compassion will allow communities like Farid's to become self-reliant, enabling them to look forward to the future with hope.



2nd Sunday of Lent, March 4

God calls us to have courage during the journey of our life. This week Project Compassion focuses on Luisa, an East Timorese woman who has become a counsellor in her community. Your donation to Project Compassion will allow Caritas Australia to continue to provide support for the people of East Timor as they continue rebuilding their lives.



3rd Sunday of Lent, March 11

During this time of Lent God calls us to look deeply into our hearts so that destructive behaviours in our relationships can be transformed into love, compassion and forgiveness. This week Project Compassion takes us to South Africa where Caritas Australia is providing practical and emotional care for families living with HIV and AIDS. Your donation to Project Compassion will ensure this support for people living with HIV and AIDS continues.