

## Caritas Australia's Lifestyle Awareness Calendar 2007

The Millennium Development Goals (MDGs) were signed by all United Nations members, including Australia, in September 2000. Their aim is to halve world poverty by 2015. Let's be the generation to Make Poverty History!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>fairplaytoday</b>		<b>Feb 20</b> Toss pancakes for Project Compassion.	<b>21</b> Ash Wednesday. Take home your Project Compassion Box.	<b>22</b> <i>Play Fair</i> and Share. Begin to fill your box.	<b>23</b> Get involved in Caritas Ks. Call 1800 024 413	<b>24</b> Think about the theme and how you can put <i>Fair Play</i> into action today.
<b>25</b> What difference has fish-farming made to Farid and his community? (MDGs 1-7) Discuss.	<b>26</b> 50c if you have eaten fish in the past week.	<b>27</b> How does the savings group work? \$2 if you are lucky enough to have money in the bank.	<b>28</b> Farid and his neighbours are <i>Playing Fair</i> by pooling their money to buy a cow. How can you <i>Play Fair</i> at school or work?	<b>March 1</b> List all the benefits of the cow. 20c for each time you have drunk milk today (including tea & coffees!).	<b>2</b> Homar plays games without equipment. \$1 for every piece of sports equipment you use today.	<b>3</b> What difference could water pumps make to Farid's community? Discuss.
<b>4</b> Remember the people of Timor-Leste (East Timor) as they work together to build peace. (MDGs 1-7)	<b>5</b> Everybody has the right to be safe. What is the purpose of the Safe House in Timor-Leste?	<b>6</b> \$1 if there is a "Safety House" in your area.	<b>7</b> Think of 5 rules that keep you safe. Add 50c for each rule.	<b>8</b> Discuss ways that you can help to resolve conflict in the classroom or at work. Add 20c for each idea.	<b>9</b> Find out more about Timor-Leste. Visit: <a href="http://www.ozspirit.com">www.ozspirit.com</a>	<b>10</b> \$2 if you have been a peacemaker today.
<b>11</b> How are you helping Selinah and her community work towards achieving <i>Fair Play Today</i> in South Africa? (MDGs 1-7)	<b>12</b> Selinah cares for her grandchildren. 50c for everybody that has cared for you in your life.	<b>13</b> Selinah shares stories with other carers. Share Selinah's story with someone today.	<b>14</b> How are the jobs divided up at home? Are they fairly divided? Discuss.	<b>15</b> 10c for every job your mum and dad do at home.	<b>16</b> Grandparents are priceless. Do something special for your grandparents today.	<b>17</b> St Patrick's Day. Eat or drink something green and add \$2 to your box.
<b>18</b> How are you helping Adolpho and his community sow the seeds to a better life in Peru? (MDGs 1-7)	<b>19</b> How is Adolpho's community practising <i>Fair Play Today</i> ? 50c for each of your actions promoting <i>Fair Play Today</i> .	<b>20</b> Adolpho sows seeds. 20c for everything you eat today grown from a seed.	<b>21</b> How can you make your life more sustainable? 10c for each idea.	<b>22</b> \$1 if you grow your own vegetables. \$2 if you buy vegetables.	<b>23</b> <i>Fair Play Today</i> for our environment. Reduce, Reuse and Recycle.	<b>24</b> Adolpho does not grow genetically modified crops. Find out more at: <a href="http://www.ozspirit.com">www.ozspirit.com</a>
<b>25</b> How are Y Re and her community in Vietnam working towards achieving the MDGs? (MDGs 1-7)	<b>26</b> A savings group in Vietnam means no more high interest repayments.	<b>27</b> Y Re dreams of sending her children to school. 20c for each year of education you have had.	<b>28</b> "Lack of education is as serious as lack of food." Pope Paul VI, <i>Populorum Progressio</i> , 1967. Discuss.	<b>29</b> <i>Play Fair Today</i> by sharing your money with your neighbours in Vietnam. Add a gold coin to your box.	<b>30</b> Y Re learns how to stay healthy. List all the things that keep us healthy. 20c for each idea.	<b>31</b> Communities help each other. How many do you belong to? 20c for each.
<b>April 1</b> How are you helping Ellen and her community work towards achieving <i>Fair Play Today</i> in Australia? (MDGs 1, 3)	<b>2</b> Manage Your Money. Save, spend and share (add some to your PC box).	<b>3</b> Make Indigenous Poverty History. Visit: <a href="http://www.ozspirit.com/2006/144.html">www.ozspirit.com/2006/144.html</a>	<b>4</b> Return your PC box to your parish or school. Add extra if it feels too light.	<b>5</b> Jesus shared bread with his friends. Talk about how you can share your gifts to help overcome poverty.	<b>6</b> Christ died so that ALL may have life to the full.	<b>7</b> Thank you for putting <i>Fair Play Today</i> into action and supporting PC.
<b>8</b> Easter Sunday! Celebrate a better life for all.	<p>This Lifestyle Awareness Calendar challenges us to think about the way we and others live on our planet. We hope you enjoy getting involved this Lent. Simply follow the daily challenges and place your coins in your Project Compassion box as a way of connecting with the world's poorest people.</p> <p>Send your donations to your school, parish, diocese or: Caritas Australia, 19 MacKenzie St, North Sydney NSW 2060, or Caritas Australia, GPO Box 9830 in your capital city</p> <p><b>Donation Hotline 1800 024 413</b> <a href="http://www.caritas.org.au">www.caritas.org.au</a></p> <p>Printed on recycled paper</p>					

PHOTOS:  
SEAN SPRAGUE  
CARITAS EAST TIMOR  
CARITAS SOUTH AFRICA  
CA/MARGARET FYFE  
CA/SARAH CONDON  
DANIELLE LYONNE  
M6517