



PHOTO: CAMARGARET FYFE

Adolpho: Seeds to success

Have you ever planted a veggie garden? Has your grandpa, grandma or your mum or dad? If you grow veggies you usually choose ground that is flat.

High up in the mountains in Peru, the farmers have to grow their potatoes, beans, corn and wheat on very steep slopes. It is so hard. But they are very clever. Farmers make very big steps all along the slopes. They plant their seeds along the steps.

Adolpho and his wife Margherita live here. They have three children, Marbil, 9, Cathy, 7 and Anna Lee, 4. Many older women and children in the villages do not have enough good things to eat.

Adolpho, with the help of his friends at Caritas, gave the people in the village bulls, cows and sheep. Now they have meat to eat and wool to sell. With the money they make they buy clothes and books for school. The people share by giving Caritas back 4 calves and 4 sheep. This helps other villages build a herd of animals so that lots of people have better lives.

Now there are even milking cows. There's lots of milk to drink and everybody is healthier.

But best of all everybody works together. They share and listen to each other. They are proud of what they do. **Your Project Compassion money helps build happy and successful communities in the mountains of Peru.**





Science


Adolpho plants seeds on steep slopes. Perhaps you could plant some seeds outside in the school yard or in the classroom. Adolpho grows wheat. You can grow wheat on cotton wool in the classroom.

What do plants need to make them grow?

Fill in the missing words.

Plants need  _____ to make them grow.

Plants need  _____ to make them grow.

Plants need  _____ to make them grow.

See Worksheet 1 for more activities relating to this story.

Dear God, when people work together they are happy. Help us to work together with our brothers and sisters around the world to help build a happy and peaceful world. Amen.