

Ellen: Making good choices

It's fun to look at the food shopping catalogues that come in the letter box. It's fun to choose things that you might like to buy. There are lots of things that we need and lots that we want. Sometimes it's hard to choose.

Ellen is an Aboriginal woman who lives in Dubbo in Australia and she helps her friends make choices. She is a leader. Ellen teaches her people about money. They do not have much money and need to be careful about how they spend it. She says it is important to be in charge of your money and to learn to make good choices. Good choices can make your life better. When this happens you feel good about yourself. You feel proud.



PHOTO: DANIELLE LYONNE

Together, Ellen and her friends look at the catalogues that come from the shops. They decide what they need and then they make shopping lists. That way they only spend money on the things that they really need. Because they don't waste money they have some left over to spend on special occasions.

Now when the show comes to town, Ellen and her friends have enough money for their children to have some rides and show bags. But the children have to make choices too.

We all need to be able to make choices.

Now that Ellen is able to save money, she hopes one day to take her family on their first family holiday.

Your Project Compassion money gives people like Ellen choices. She feels happy that she is able to choose what she does with her money.

Personal Development

Think of all the choices you have made today. Were they good choices or bad choices? Do you think these choices listed below are good or bad?

Choices	Good	Bad
I helped with the cooking.		
I shared with my friends.		
I crossed the road without looking.		
I tried hard at school today.		
I threw my lunch away.		
I put some money in the Project Compassion box.		
I yelled at my friend.		

Dear God, You made the world so that everybody can have a fair share. Help us to live with less so that there is enough for everyone. Amen.