



**PROJECT  
COMPASSION**

**UNITE  
AGAINST  
POVERTY**  
this Lent



 [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion)

**Upper Primary  
STUDENT WORKBOOK**

# Introduction

Meet social justice champions from around the world this Lent.

During Project Compassion, we share stories of people around the world who have faced poverty and other challenges but have made their life, and the life of their community, better by participating in a Caritas Australia supported program.

As you read their stories with your class, complete the tasks for each country.

Every time you share your knowledge about how to make the world a fairer place or make a donation to Project Compassion, you are being a social justice champion!

## TASKS

Complete the following tasks for each country.

1. **Explore the [Student Zone](#)** – Read the story, watch the films and look at the photo galleries.
2. **Pray** – For each country, write a prayer for the community you learn about in this workbook.
3. **Fact Check** – Use the Project Compassion [Student Zone](#) and collect your information for the Country Fact Check.
4. **Map** – Complete the mapping activities for each country.
5. **Global Goals (Sustainable Development Goals)** – As a global community, we have decided there is an important job to get done. That job is to end extreme poverty in our world, fight inequality and injustice, and fix climate change. As a global community, we have set 17 goals to help us get this job done – they are the Sustainable Development Goals (SDGs), also known as the Global Goals. At Caritas Australia, we acknowledge the awesome work our partners are doing in communities around the world in helping to achieve these goals.  
Find a global goal (**page 14**) that connects with each story. Explain how it connects on **page 15 & 16**.
6. **Reflect** – Think about how you can transform your compassion into action. Write down your ideas and start planning!

**Tip!** Look for matching icons on the Student Zone to help you complete your workbook.

# Sisilia's Story

## Tanzania

1. READ Sisilia's story on the [Student Zone](#).



2. PRAY

Write a prayer using the You-Who-Do-Through pattern for Sisilia and her community in Tanzania.

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### YOU-WHO-DO-THROUGH:

**YOU** - Begin by addressing God or naming God. "Loving God", "God of Mercy", "God who heals".

**WHO** - name 'WHO' God is for us, for example: "Giver of all good gifts", "You are always ready to forgive", "Our strength and hope".

**DO** - we ask God to act, to 'DO' something: "Be with us as we gather in your name", "Grant peace to our world".

**THROUGH** - We pray to God in and THROUGH Christ, so our prayer concludes with a simple "Through Christ our Lord Amen", or "In the name of Jesus your Son, Amen."

[You, Who, Do Through prayer pattern](#)

# Tanzania – Sisilia's Story



## 3. FACT CHECK: TANZANIA

Visit the [Student Zone](#). 

Population: \_\_\_\_\_

Capital City: \_\_\_\_\_

Official Language: \_\_\_\_\_

Currency: \_\_\_\_\_

Climate Zone: \_\_\_\_\_

## 4. MAP

- Colour and label Tanzania and nearby oceans. Use the colours from the Tanzania national flag.
- What direction is Tanzania from Australia? \_\_\_\_\_
- What hemisphere is Tanzania in? \_\_\_\_\_
- What is the time difference between Tanzania and Australia? \_\_\_\_\_



## 5. GLOBAL GOAL LINK Which Global Goal links to Sisilia's story? \_\_\_\_\_

(See page 14 and complete the Global Goals activity on page 15)

# Tanzania – Sisilia's Story



## 6. REFLECT

Think about how you can transform your compassion into action.

Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

# Monoranjon's Story

## Bangladesh

1. READ Monoranjon's story on the [Student Zone](#).



2. PRAY

Write a prayer of intercession for Monoranjon and his community in Bangladesh.

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### PRAYER OF INTERCESSION

A prayer of intercession is where we pray for the needs of others. Prayers of intercession are usually written in this format:

We pray for...

That...

Lord, hear us.

[Prayers of petition and intercession](#)



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# Bangladesh - Monoranjon's Story



## 3. FACT CHECK: BANGLADESH

Visit the [Student Zone](#).



Population: .....

Capital City: .....

Official Language: .....

Currency: .....

Climate Zone: .....

## 4. MAP



- Colour and label Bangladesh and nearby oceans. Use the colours from the Bangladesh national flag.
- What direction is Bangladesh from Australia? .....
- What hemisphere is Bangladesh in? .....
- What is the time difference between Bangladesh and Australia? .....



**5. GLOBAL GOAL LINK** Which Global Goal links to Monoranjon's story? .....

(See page 14 and complete the Global Goals activity on page 15)

# Bangladesh - Monoranjon's Story



## 6. REFLECT

Think about how you can transform your compassion into action.

Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

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# Manaini's Story

## Fiji

1. READ Manaini's story on the [Student Zone](#).



2. PRAY

Write a litany for Manaini and her community in Fiji

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## LITANIES

Litanies are simple, ancient forms of prayer that use repeated statements in response to petitions, praise, intercessions, praise or blessings.

Litanies consist of a lead statement followed by a repeated response, such as "pray for us", "we praise you, we bless you, we thank you", "Lord hear us"; or "Lord Have Mercy".

Leader: Statement or Petition

All: Repeated Response

[Litany](#)

# Fiji – Manaini's Story



## 3. FACT CHECK: FIJI

Visit the [Student Zone](#).



Population: \_\_\_\_\_

Capital City: \_\_\_\_\_

Official Language: \_\_\_\_\_

Currency: \_\_\_\_\_

Climate Zone: \_\_\_\_\_

## 4. MAP



- Colour and label Fiji and nearby oceans. Use the colours from the Fiji national flag.
- What direction is Fiji from Australia? \_\_\_\_\_
- What hemisphere is Fiji in? \_\_\_\_\_
- What is the time difference between Fiji and Australia? \_\_\_\_\_



**5. GLOBAL GOAL LINK** Which Global Goal links to Manaini's story? \_\_\_\_\_

(See page 14 and complete the Global Goals activity on page 16)

## A cartoon-style illustration of a market stall. It has a brown wooden frame and a striped awning with alternating red and white sections. On the stall, there are several items: three yellow round loaves of bread, a small brown rectangular object, a purple container, a teal container, and a yellow container. The background is a solid light purple color.

Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

# Responding to Emergencies

## Gaza

1. READ Responding to Emergencies on the [Student Zone](#).



2. PRAY

Write a prayer of your choice for somewhere in the world currently experiencing an emergency.



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# Responding to Emergencies



## 3. REFLECT

Think about how you can transform your compassion into action.

Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

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# GLOBAL GOALS FOR SUSTAINABLE DEVELOPMENT



As a global community, we have decided there is an important job to get done. That job is to end extreme poverty in our world, fight inequality and injustice, and fix climate change.

As a global community, we have set 17 goals to help us get this job done – they are the Sustainable Development Goals (SDGs), also known as the Global Goals.

At Caritas Australia, we acknowledge the awesome work our partners are doing in communities around the world in helping to achieve these goals.

Watch this [video](#) to learn more about the SDGs.

Global Goals for Sustainable Development

Source: [www.un.org/sustainabledevelopment](http://www.un.org/sustainabledevelopment)

# GLOBAL GOALS

| Project Compassion Story                                                                                                            | Explain how the Global Goal/s relate to the story. |
|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|
| <div data-bbox="70 358 281 394">Sisilia's Story</div> <div data-bbox="70 434 366 505">Global Goal (write or draw the icon)</div>    |                                                    |
| <div data-bbox="70 839 375 875">Monoranjon's Story</div> <div data-bbox="70 915 366 986">Global Goal (write or draw the icon)</div> |                                                    |



# GLOBAL GOALS

| Project Compassion Story                                                     | Explain how the Global Goal/s relate to the story. |
|------------------------------------------------------------------------------|----------------------------------------------------|
| <b>Manaini's Story</b><br><br>Global Goal (write or draw the icon)           |                                                    |
| <b>Responding to Emergencies</b><br><br>Global Goal (write or draw the icon) |                                                    |