

A smiling woman with her hair in a bun, wearing a red dress with black floral patterns, holds a bag of potatoes. She stands in front of a traditional thatched-roof hut. The background shows lush green trees and a clear sky.

CARITAS AUSTRALIA PROJECT COMPASSION

Unite Against Poverty this Lent

YESHAREG'S STORY ETHIOPIA

PRIMARY (F TO 2)

PHOTO STORYBOOK

Yeshareg holding some of the potatoes she has grown. Photos: Caritas Australia.



Food helps us grow strong and healthy. What happens when families do not have enough food?



Yeshareg lives with her family in Ethiopia.



For many years, Yeshareg worried about having enough food for her family.



Yeshareg wanted to grow more food and earn money to support her children.



With support from Caritas Australia's partner, Yeshareg learnt new farming skills.



Yeshareg joined a women's group where members learnt and worked together.



She planted potatoes and worked hard to care for her crops.



Soon, Yeshareg was able to harvest lots of potatoes.



Yeshareg sold some of her potatoes at the market.



The money helped her buy food and other things her family needed.



‘The potatoes
changed my life.’

- Yeshareg



Yeshareg can now provide healthier meals for her family.



She uses the money from selling potatoes to pay for her children's schooling.



Yeshareg also saves money with her women's savings group.



‘We’ve learned to
save money. We
save money every
week.’

- Yeshareg



When you support Project Compassion, you are helping people like Yeshareg to support their families and build a brighter future.

QUESTIONS

1. What did Yeshareg learn to grow?
2. What did Yeshareg do with the food she grew?
3. How did growing potatoes help Yeshareg's family?
4. Why is it important for families to have enough healthy food?
5. How will you share Yeshareg's story with others?

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