

Who are my role models?



Do you ever think about the influencers on your life? Are they positive, or negative? It is important for all of us to have positive role models in our life; people whose values we admire and who we wish to emulate. No matter how strong individuals we are, the people we look to have an important influence on our life and can impact the decisions we make and the type of people we are.

Think of people you turn to when you're in need of advice or support. Think of the leaders you look up to. Think of your role models: start by compiling a list of three people you admire. These may be famous people or people you know personally. Record details of your role models in this chart:

Name of role model	1	2	3
Qualities that you admire in this person			
How the qualities are shown			
For those who are leaders, how does their leadership grow from their service to others?			

Can you see similar qualities in yourself?