Upper Primary

Student Workbook









CARITAS AUSTRALIA PROJECT COMPASSION

Unite Against Poverty this Lent

2027

Caritas AUSTRALIA

Introduction

Meet social justice champions from around the world this Lent.

During Project Compassion, we share stories of people around the world who have faced poverty and other challenges but have made their life, and the life of their community, better by participating in a Caritas Australia supported program.

As you read their stories with your class, complete the tasks for each country.

Every time you share your knowledge about how to make the world a fairer place or make a donation to Project Compassion, you are being a social justice champion!

TASKS

Complete the following tasks for each country.

1. **Explore** the Student Zone – Read the story, watch the films and look at the photo galleries.
2. **Pray** – For each country, write a prayer for the community you learn about in this workbook.
3. **Fact Check** – Use the Project Compassion Student Zone and collect your information for the Country Fact Check.
4. **Map** – Complete the mapping activities for each country.
5. **Global Goals** (Sustainable Development Goals) – As a global community, we have decided there is an important job to get done. That job is to end extreme poverty in our world, fight inequality and injustice, and fix climate change. As a global community, we have set 17 goals to help us get this job done – they are the Sustainable Development Goals (SDGs), also known as the Global Goals. At Caritas Australia, we acknowledge the awesome work our partners are doing in communities around the world in helping to achieve these goals.
   Find a global goal (page 14) that connects with each story. Explain how it connects on page 15 &16.
6. **Reflect** – Think about how you can transform your compassion into action. Write down your ideas and start planning!

Tip! Look for matching icons on the Student Zone to help you complete your workbook.

Patricia's Story

Solomon Islands

1. EXPLORE: Patricia's story on the Student Zone.

2. PRAY: Write a prayer using the You-Who-Do-Through pattern for Patricia and her community in the Solomon Islands.



Patricia used to walk through a dense forest every day to collect water to bring home to her family. Photo: Caritas Australia.

YOU-WHO-DO-THROUGH:

YOU - Begin by addressing God or naming God. "Loving God", "God of Mercy", "God who heals".

WHO - name 'WHO' God is for us, for example: "Giver of all good gifts", "You are always ready to forgive", "Our strength and hope".

DO - we ask God to act, to 'DO' something: "Be with us as we gather in your name", "Grant peace to our world".

THROUGH - We pray to God in and THROUGH Christ, so our prayer concludes with a simple "Through Christ our Lord Amen", or "In the name of Jesus your Son, Amen.

You, Who, Do Through prayer pattern

Solomon Islands – Patricia's Story

FACT CHECK: SOLOMON ISLANDS

Visit the Student Zone.

Population: _____

Capital City: _____

Official Language: _____

Currency: _____

Climate Zone: _____



MAP

Colour and label the Solomon Islands and nearby oceans. Use the colours from the Solomon Islands national flag.

- What direction is the Solomon Islands from Australia?

  _____

- What hemisphere is the Solomon Islands in?

  _____

What is the time difference between the Solomon Islands and Australia? _____

5. **GLOBAL GOAL LINK** Which Global Goal links to Patricia's story?

_____

(See page 14 and complete the Global Goals activity on page 15)

Solomon Islands – Patricia's Story

Reflect

Think about how you can transform your compassion into action.
Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

Reaksmey's Story

Cambodia

1. EXPLORE: Reaksmey's story on the Student Zone.

2. PRAY: Write a prayer of intercession for Reaksmey and his community in Cambodia.



Reaksmey standing outside the kitchen at Epic Arts café. Photo: Caritas Australia.

PRAYER OF INTERCESSION

A prayer of intercession is where we pray for the needs of others. Prayers of intercession are usually written in this format:

We pray for...

That...

Lord , hear us.

Prayers of petition and intercession

Cambodia – Reaksmey's Story

FACT CHECK: CAMBODIA

Visit the Student Zone.

Population: _____

Capital City: _____

Official Language: _____

Currency: _____

Climate Zone: _____



MAP

Colour and label Cambodia and nearby oceans. Use the colours from the Cambodia national flag.

- What direction is Cambodia from Australia?

  _____

- What hemisphere is Cambodia in?

  _____

What is the time difference between Cambodia and Australia? _____

5. **GLOBAL GOAL LINK** Which Global Goal links to Reaksmey's story?

_____

(See page 14 and complete the Global Goals activity on page 15)

Cambodia– Reaksmey's Story

Reflect

Think about how you can transform your compassion into action.
Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

Yeshareg's Story

Ethiopia

1. EXPLORE: Yeshareg's story on the Student Zone.

2. PRAY: Write a prayer of intercession for Yeshareg and her community in Ethiopia.



Portrait of Yeshareg at home with her harvested potatoes. Photo: Peter Caton/Caritas Australia.

LITANIES

Litanies are simple, ancient forms of prayer that use repeated statements in response to petitions, praise, intercessions, praise or blessings.

Litanies consist of a lead statement followed by a repeated response, such as "pray for us", "we praise you, we bless you, we thank you", "Lord hear us"; or "Lord Have Mercy".

Leader: Statement or Petition

All: Repeated Response

Litany

Ethiopia – Yeshareg's Story

FACT CHECK: ETHIOPIA

Visit the Student Zone.

Population: _____

Capital City: _____

Official Language: _____

Currency: _____

Climate Zone: _____

MAP

Colour and label Ethiopia and nearby oceans. Use the colours from the Ethiopia national flag.

- What direction is Ethiopia from Australia?

  _____

- What hemisphere is Ethiopia in?

  _____



What is the time difference between Ethiopia and Australia?

_____

5. **GLOBAL GOAL LINK** Which Global Goal links to Yeshareg's story?

_____

(See page 14 and complete the Global Goals activity on page 15)

Ethiopia – Yeshareg's Story

Reflect

Think about how you can transform your compassion into action.
Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

Responding to Emergencies

Venezuela

1. EXPLORE: Responding to Emergencies on the Student Zone.

2. PRAY: Write a prayer of your choice for somewhere in the world currently experiencing an emergency.



Homes and businesses damaged after two severe earthquakes in Venezuela. Photo: Caritas Venezuela.

Responding to Emergencies

Reflect

Think about how you can transform your compassion into action.
Write down your ideas here. Choose your best idea and make a step-by-step plan for how to achieve your idea.

GLOBAL GOALS
FOR SUSTAINABLE DEVELOPMENT



Global Goals for Sustainable Development
Source: www.un.org/sustainabledevelopment

As a global community, we have decided there is an important job to get done. That job is to end extreme poverty in our world, fight inequality and injustice, and fix climate change.

As a global community, we have set 17 goals to help us get this job done – they are the Sustainable Development Goals (SDGs), also known as the Global Goals.

At Caritas Australia, we acknowledge the awesome work our partners are doing in communities around the world in helping to achieve these goals.

Watch this video to learn more about the SDGs.

GLOBAL GOALS
FOR SUSTAINABLE DEVELOPMENT

Project Compassion Story	Explain how the Global Goal/s relate to the story
Patricia's Story	
Global Goal (write or draw the icon)	
Reaksmey's Story	
Global Goal (write or draw the icon)	

GLOBAL GOALS
FOR SUSTAINABLE DEVELOPMENT

Project Compassion Story	Explain how the Global Goal/s relate to the story
Yeshareg's Story	
Global Goal (write or draw the icon)	
Responding to Emergencies	
Global Goal (write or draw the icon)	

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