



PROJECT COMPASSION FOR ALL FUTURE GENERATIONS



**SECONDARY
STUDENT WORKBOOK**

 caritas.org.au/project-compassion



Do you observe Lent regularly? Why/Why not?

What do you know about Lent?

What significance does it have for you?

Throughout Lent, we commit to strengthening our faith through the three pillars: prayer, fasting and almsgiving.

Pope Francis explains, "Lent is a time of grace to the extent that we listen to him [Jesus] as he speaks to us. And how does he speak to us? First, in the word of God, which the Church offers us in the liturgy. May that word not fall on deaf ears; if we cannot always attend Mass, let us study its daily biblical readings, even with the help of the internet. In addition to the Scriptures, the Lord speaks to us through our brothers and sisters, especially in the faces and the stories of those who are in need."

[\(Pope Francis's Lenten Message 2023\)](#)

During Lent, we take time to reflect and be strengthened by the Holy Spirit so that we are not indifferent to each other or global poverty. Through Project Compassion, we can stand in solidarity with our neighbours around the world. We can celebrate Caritas Australia's partnerships with other agencies around the world, which support those most vulnerable to extreme poverty and injustice. Your donations help to strengthen their lives, their families and their communities.

Over the next six weeks of Lent, through Project Compassion, we will explore stories of hope in the Philippines, Samoa and Malawi. Let's focus on how we can enrich our connectedness as a global community.

PRAYER

Traditionally, Christians pray for themselves and others during this time of Lent. Project Compassion encourages you to pray for the people and communities you encounter through the Project Compassion stories.

FASTING

Fasting is one of the most ancient practices linked to Lent. It can be an aid to prayer, as the pangs of hunger remind us of our hunger for God. Fasting can be linked to our concern for those who are forced to fast by their poverty, those who suffer from the injustices of our economic and political structures, and those who are in need for any reason. Traditionally, abstaining from meat was one way of remembering people who did not have enough to meet their daily needs. Some people also choose other ways to 'fast' such as from social media.

ALMSGIVING

Almsgiving is a sign of our care for others and an expression of our gratitude for all that God has given us. Caring for others is part of many faiths. Almsgiving by Christians is illustrated in the Bible, in Acts 4:33–37. During Project Compassion, reflect on ways you can care for others out of what you have.

This Lent, how can you respond courageously to the call for social and ecological justice *for all future generations?*

CATHOLIC SOCIAL TEACHING (CST) GUIDE

Catholic Social Teaching (CST) principles cover all spheres of life – the economic, political, ecological, personal and spiritual. The principles are inspired by scripture and the writings of the Pope and other Catholic leaders about social issues.

Caritas Australia's work is shaped by the tradition of Catholic Social Teaching.

HUMAN DIGNITY

We believe every human being is created in the image and likeness of God and therefore has inherent dignity that should always be celebrated and safeguarded.



SUBSIDIARITY AND PARTICIPATION

We believe all people have the right to participate in decisions that affect their lives. Subsidiarity requires that decisions are made by people closest and most affected by the issues and concerns of the community.



SOLIDARITY

We believe we are part of one human family and have a responsibility to help each person achieve their full potential.



THE COMMON GOOD

We believe the good of each human person is intimately related to the good of the whole community. We are all responsible for each other.



PREFERENTIAL OPTION FOR THE POOR

We believe in prioritising the women, men and children most vulnerable to extreme poverty and injustice.



CARE FOR OUR COMMON HOME

We believe that care for our common home is vital for the common good of all people. We believe a true ecological approach is a social approach. We are to be protectors of creation and of one another.



For more on Catholic Social Teaching, including classroom activities, short films and other resources, visit our [CST Toolkit](#).

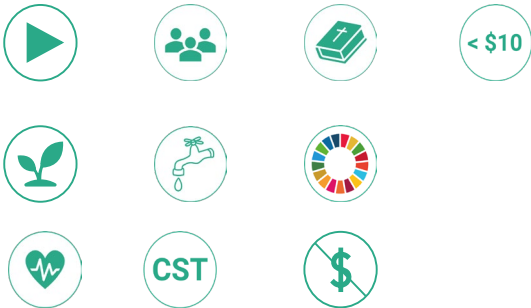
Photo credits: Tim Lam/Caritas Australia (top left, top right, bottom right), Richard Wainwright/Caritas Australia (middle right, bottom left), Laura Womersley/Caritas Australia (middle left)

SECONDARY DEEP DIVE GUIDE

The [Secondary Deep Dive](#) is an interactive image created as a central location with everything you need to complete this student workbook. This includes the stories and videos for each of the 3 stories.

Whenever you see any of the below icons in your workbook, go to the [Secondary Deep Dive](#) and find the matching icon to access the information you need to complete the activity.

Here are some icons to keep an eye out for throughout the workbook:



Click here to view the [Secondary Deep Dive](#)

RONITA'S STORY (PHILIPPINES)



[Watch Ronita's Story](#)

22-year-old Ronita lives in a barangay (Filipino term for a local district), in Quezon City, the Philippines. She lives with her husband Lean and their two children Egzy Grey, who is 3 years old, and Clark, who is 5 years old.

Ronita's husband works seven days a week in waste disposal, from 3 am to 9 pm each day. It is exhausting, laborious work, made harder by the very hot climate. Despite this amount of work, Ronita and her husband are only able to rent a very small brick room (measuring around 10 square metres).

Ronita described their resulting living conditions: **"We will carry a pail [from a neighbour] and we will put it in our drums so we can have water. But the electricity, we paid for that and the house. And it's very difficult because it's too small. When you come to our house, when you open the door, that's it. We don't have room. We don't have anything. When you open it, the kitchen, the living room, the room, it's already in one place."**

Ronita left school when she became pregnant as a teenager. She was at risk of never re-entering the education system when she had her first child, Clark, at 17. Without completing secondary education, Ronita faced life-long implications for family earnings and, in turn, the ability to overcome the cycle of poverty.

Thankfully, Ronita heard about an Alternative Learning System (ALS) program run by Caritas Australia's partner in the Philippines, the Faithful Companions of Jesus (FCJ).

Ronita (22) smiles as she holds her sons, Egzy Grey (3) and Clark (5), in their small home in Quezon City, Philippines. Photo: Richard Wainwright/Caritas Australia

RONITA'S STORY (PHILIPPINES)

For over 20 years, the Faithful Companions of Jesus has supported the local community and will be serving approximately 2,000 participants over the next three years. The area FCJ works in is an urban slum, built next to a local dumpsite and on top of a fault line. Many of the houses are in poor condition and some don't have sanitation. The residents face low income and low educational levels, and many have poor health.

In addition to the ALS program, FCJ also runs programs that include house renovating, food processing, basic literacy skills, urban gardening, upcycling and income generating activities. They run a seniors group, children's sport and play groups, and technical education and skills development program. They also have a clinic visited weekly by a doctor and community nurse.

When her first son Clark was just 2 years old, Ronita enrolled in the ALS program to continue learning in a safe and flexible environment. The ALS classes allow young mothers to bring their children to class if they cannot obtain or afford childcare. This made it possible for Ronita to continue her studies, even following the arrival of her second child, Egzy Grey.

She remarked, **"I need to study. I need to work hard for my kids. I need to find a good job to be inspiration to them. The ALS in there was so very nice. The teachers, they inspire us and they give us the best so that we could graduate. Mum Jen is a very good teacher to us. She always laughs with us and when she teaches us, she always looking at us, focusing on us."**

Ronita also attends a young mothers' group regularly, which is facilitated by FCJ staff member Nurse Lyn. The group runs informal sessions with local mums who face financial and other difficulties. Here they learn about family planning, pediatric and maternal health, and are encouraged to support other mums.

Ronita said: **"When I'm with young mums I feel confident because they're like me. They're young with children. I know that they understand my situation."**

After completing her ALS class, Ronita was then able to go back to senior high school. But it was difficult. Often, she wouldn't get enough sleep as she was caring for her children and then studying into the early hours of the morning. She even skipped lunch at school as she was unable to afford it.

Despite the challenges, Ronita persevered with her studies in this environment and went on to earn her Senior High School Diploma! Ronita has now secured a job at a call centre, which she hopes will allow her to support her mother, husband and two young children.


She said, **"I am so thankful for FCJ. One day I hope I will be school teacher. I have now graduated senior school and I am so proud of myself. I feel hopeful for the future... Now it's not impossible for me to achieve my dream... Thank you for that."**



RONITA'S STORY

LEARNING TASKS

TASK 1: COMPREHENSION

- A. What were some of the challenges faced by Ronita as a young mother living in a slum in the Philippines?
- B. Explain how Caritas Australia and their partners in the Philippines have supported Ronita and others in her community?
- C. In what ways is Ronita working towards making a difference for future generations?
- D.  Which Catholic Social Teachings do you see reflected in Ronita's story? (Refer to CST Guide on page 3)
- E. What have you learnt about the importance of education from this story?

TASK 2: MULTIDIMENSIONAL POVERTY

What is the global MPI?

The global Multidimensional Poverty Index (MPI) is an international measure of acute multidimensional poverty covering over 100 developing countries. It complements traditional monetary poverty measures by capturing the acute deprivations in health, education and living standards that a person faces simultaneously.

 Watch: [Explainer - Global Multidimensional Poverty Index](#)

The 10 indicators of the MPI are grouped into 3 dimensions: Health, Education and Standard of Living.

The Philippines MPI score is 0.024*. Now consider Ronita's experience.

1. Would her MDI be higher or lower than the country score? Why?
(Consider her standard of living. There is no running water in her home, her home is only 10 square metres, she and her husband need to work very long hours, etc..)

2. How is Caritas Australia's partner Faithful Companions of Jesus (FCJ) supporting Ronita and her community with the three domains: health, education and standard of living?

* Source: [UNDP](#)

A CATHOLIC WORLDVIEW (JUDGE)

Solidarity

CST

noun

- a firm and persevering commitment to the common good, which reminds us that everything is related
 - the act of standing shoulder to shoulder with others
 - a way of saying, 'I'm here with you'
- A.** How is solidarity demonstrated in Ronita's story?
- B.** How is supporting Project Compassion an act of solidarity?

Read the 'The Parable of the Good Samaritan' (Luke 10:25–37)



1. Who is our neighbour?

2. Explain how supporting Caritas Australia is one way we can love our neighbour.

FAITH IN ACTION (ACT)

PRAYER

Write a prayer inspired by Ronita's story.

FASTING

Ronita often skipped lunch at school as she was unable to afford it. For many people around the world, fasting is a daily reality.

In solidarity with people experiencing a lack of food, consider what food you could fast from during Lent.

Could you fast from your favourite food for 5 days? For all of Lent? How would this make you feel?

ALMSGIVING

How might you raise awareness in response to what you read and thought about in Ronita's story? What are you compelled to do?

It might be a personal, group or community action. Write your thoughts and plan below.

For inspiration!








\$25 can support one community member with a vertical garden where the harvest can be eaten or sold in the Philippines.



\$250 can help repair homes and build toilets for households in need in the Philippines

Find the matching icons on the Secondary Deep Dive and use your own research to find out the information below.

Secondary Deep Dive

 <p>What is the population of the Philippines? What is the population of Australia?</p>	Philippines:		 <p>The Laudato Si' Goals Identify one or more Laudato Si' goals and explain how they are being addressed through the work of Caritas Australia and its partners.</p>
Australia:			
 <p>Predict life expectancy in the Philippines and Australia. Find out the correct answer. Does this surprise you? Why/Why not?</p>	Philippines	Australia	
	Prediction:	Prediction:	
	Actual:	Actual:	
 <p>What percentage of the population in the Philippines live on less than \$10 per day?</p>			
<p>List the various activities Caritas Australia's partner, FCJ, offers Ronita's community.</p>			 <p>The Sustainable Development Goals Select two SDG goals that are relevant to Ronita's story. Explain your selection.</p>

LEAIA'S STORY (SAMOA)



[Watch Leaia's Story](#)

Samoa may be a country surrounded by water, but access to clean drinking water is scarce in some areas, with many families facing extreme hardship as a result.

Leaia is a mother of five children aged 8 to 13. During the week, Leaia completes daily tasks with her sister Ene, while their husbands work on a cattle farm on the other side of the island. Their husbands come home each weekend to spend time with the family.

In an incredible act of resourcefulness, Leaia's family built their home entirely out of recycled scraps collected from a nearby recycling plant, to avoid wasting precious household income.

Leaia's family only has enough income to pay for her children's food and necessities. Leaia goes to the local shops to buy ingredients and, where she can, harvests fruits from her own garden. The family relies on solar power for lighting and a gas and a wood burner for cooking. Their home is not connected to a piped water system, so they used to rely solely on rainwater collected in old fridges.

When their water ran out, Leaia had to walk with her young children to collect water in buckets and containers from a neighbour down the street. Before being able to rely on her neighbour, she would walk a 40-minute round trip each day with her young children to fetch water in hot, humid conditions. The children would have to take several breaks, as the buckets were very heavy for them to lift.

Leaia (right) stands with her family in front of their home which is now connected to a rainwater tank.

Photo: Laura Womersley/Caritas Australia

LEAIA'S STORY (SAMOA)

Leaia explained, **“When it was very hot, there was not much water. It became difficult for me to collect, and this would mean we had very little water, plus it was far. Without water, we can’t do any of our daily activities. We rely heavily on water to live.”**

In recent years, the uncertainty in rainfall has become an increasing worry for Leaia; as a result of climate change, they face longer dry seasons and briefer rainy seasons. She said, **“It makes me feel worried for my family and I, especially my kids, because of the lack of water supply we have access to. We really need the water all the time. It seems like the days are hotter and the weather has become drier than in previous years. Sometimes, we don’t know where to get the water from because where I am, it’s like the taps are becoming dead and dry due to the weather.”**

With the support of Caritas Australia’s local partner Caritas Samoa, a 3,000 litre water tank was installed at Leaia’s home to harvest rainwater. This means that her family can now have access to clean water to drink and bathe in. The time that was previously used to collect drinking water can now be used for other essential tasks and, most importantly, her children don’t have to miss out on school.

Prior to having the water tank, Leaia’s children would sometimes miss school during the dry season. The school water supply was also unclean.

“If there isn’t enough water, the kids can’t go to school because the water supply at school isn’t clean,” Leaia said.

In rural areas of Samoa, poverty rates are strongly linked to lower levels of education. Caritas Samoa is installing water tanks in crucial areas of communities, such as schools and family homes, to prevent children from missing out on their right to an education.

During the next phase of the program, Caritas Samoa will work to provide homes like Leaia’s with hygienic toilets connected to septic tanks, which will improve the health of rural communities. This will only be possible with the generosity of Australians supporting Caritas Australia’s partnership with Caritas Samoa.

Leaia remarked, **“I hope this program helps other families in need, like mine. Thank you, Caritas, for the water tank and the opportunity. It has helped us so much and made our daily life easier. Thank you for helping my family, we are grateful.”**




TASK 1: COMPREHENSION

- A. What is Leaia's family's main source of water?

- B. What impact is climate change having on Leaia's family's ability to access clean water?

- C. Explain how Caritas Australia and Caritas Samoa have supported Leaia's family.

- D. How does having easy access to clean water help Leaia's children go to school?

- E.  Which Catholic Social Teachings do you see reflected in Leaia's story? (Refer to CST Guide on page 3)

- F. What have you learnt about access to water that some communities face in the Pacific?

TASK 2: WATER QUIZ

Despite being surrounded by water as an island nation, many families in Samoa don't have reliable access to clean water all year round. Test your knowledge on water around the globe using the [Water Quiz](#).

What fact surprised you the most?

TASK 3: HOW MUCH WATER DO YOU USE in 24 hours?

Measure how much water you use and record below. It is helpful to know how much water is used when flushing the toilet (half and full flush), how many litres per minute your showerhead uses. You could use a bowl under the tap to catch the water you use when washing hands and brushing your teeth. Include water used for cooking and washing dishes. How much water did you drink?

A CATHOLIC WORLDVIEW (JUDGE)

Human Dignity



noun

- a belief that every person is made in the image of God and is intrinsically valuable and worthy of respect, simply because they are human
 - a quality of being human, independent of ethnicity, creed, gender, sexuality, age or ability
 - a reality challenged by poverty, hunger, lack of water and injustice
- A.** How is human dignity demonstrated in Leaia's story?
- B.** How is supporting Project Compassion one way you can uphold the dignity of others?

How marvellously human!



Fratelli Tutti is an encyclical, or open letter, written by Pope Francis asking us to reach out to our sisters and brothers in need. We are challenged to turn outwards and think of ourselves as one global family, becoming neighbours to all. *Fratelli Tutti* calls us to put human dignity at the centre.

1. Read paragraph 117 of *Fratelli Tutti*.
2. What words or phrases stood out to you? Why?

3. How can you be 'marvellously human' and conserve water for the sake of others at school and at home?

FAITH IN ACTION (ACT)

PRAYER

Write a prayer inspired by Leaia's story.

FASTING

When the rainwater they collected in old fridges ran out, Leaia and her children would need to walk to collect water in containers from a neighbour down the street.

Fast from 'easy' access to clean water. Every time you need to use tap water, such as filling your drink bottle, walk to the furthest tap in your school or home.

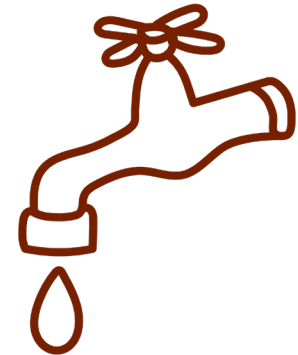
ALMSGIVING

Tapitas

The word 'Tapitas' is just a play on the word 'Caritas' and used to help people consider how their donations can support communities around the world to have ready access to clean water – at the turn of a tap!




If you are in a position to do so, donate to Project Compassion to help families like Leaia's have reliable access to clean water.

And always remember your refillable water bottle so you don't need to buy bottles water when you are out of the house.



Find the matching icons on the Secondary Deep Dive and use your own research to find out the information below.

Secondary Deep Dive

 <p>What is the population of Samoa? What is the population of Australia?</p>	<p>Samoa:</p>		 <p>The Laudato Si' Goals Identify one or more Laudato Si' goals and explain how they are being addressed through the work of Caritas Australia and its partners.</p>
 <p>Predict life expectancy in Samoa and Australia. Find out the correct answer. Does this surprise you? Why/Why not?</p>	<p>Australia:</p>		
	<p>Samoa</p>	<p>Australia</p>	
	<p>Prediction:</p>	<p>Prediction:</p>	
 <p>What percentage of the population in the Samoa use safely managed drinking water services?</p>	<p>Actual:</p>	<p>Actual:</p>	
 <p>What percentage of the population use safely managed sanitation services?</p>			 <p>The Sustainable Development Goals Select two SDG goals that are relevant to Leaiia's story. Explain your selection.</p>
<p>List 3 ways a lack of reliable access to clean water can affect poverty levels.</p>			

MEMORY'S STORY (MALAWI)



[Watch Memory's Story](#)

Memory is 26 years old and lives in rural Malawi. Her parents are subsistence farmers who depend on their crops for survival. Climate shocks and low agricultural productivity mean that poverty levels remain high in Malawi, particularly in rural areas. Nearly 70 per cent of the population live on less than \$2.15 a day – one of the highest rates worldwide.¹

As the eldest of 5 children, Memory had to support her family with domestic chores such as farming, carrying water, cooking and cleaning, while also attending school.

“Growing up in the village was not easy. My parents don’t have a job, so they depend on farming. When the season goes wrong, we suffer a lot and become food insecure. Sometimes we need to bathe without soap. Sometimes we need to walk without shoes,” Memory said.

“When I was in primary school, I went to school barefooted because my parents didn’t have money to buy shoes for me.”

Economic opportunities for girls in Malawi are constrained by high levels of early school leavers and women typically tend to work in lower paying jobs or stay at home.

“Many women in my community drop out of school because they can’t afford school fees, which leads to early marriage and early pregnancy and more poverty,” Memory said. **“But I told myself I can’t stop going to school because this is the only way I can get a better life.”**

Memory stands in a workshop at the technical college where she completed her three-year carpentry course.

Photo: Tim Lam/Caritas Australia

MEMORY'S STORY (MALAWI)

Memory worked hard to secure her dream. After being identified by local leaders in her village as a capable candidate for a vocational skills course, Memory was referred to a technical college with support from CADECOM, Caritas Australia's local partner in Malawi.

"It was my dream to go to college, so I was very excited to get that opportunity. My parents also were very excited to see their daughter go to college," Memory said.

Through the A+ program, CADECOM supported Memory with the provision of logistical support like tuition and boarding fees with funding from Caritas Australia. The program has provided opportunities for more than 360 youth to be empowered through vocational skills such as welding, carpentry, tailoring and brick laying.

"In my community, most people think that only men can be carpenters, so I want to prove to my community that women can do it as well," Memory said.

After three years, Memory graduated with an Advanced Certificate in Carpentry and Joinery. With her newly acquired skills, she secured a job as a carpenter at one of the largest hydroelectric power companies in Malawi.

The A+ program also supported Memory's family through Village Savings and Loans groups, and provided them with goats, and training in bee keeping and irrigation farming to increase food security.

Since 2016, the A+ program has supported 7,397 households (33,287 people) to improve food security, provide access to basic water and sanitation, and to increase women's income generation opportunities. The program will soon enter a new phase – the A+ Successor program – and will help 10,184 households (56,096 people) over the next 5 years.

With the income from her carpentry job, Memory can now provide some financial support to her parents.

"Because I studied carpentry, my siblings admire me and want to get educated so they can get a job and assist my parents," Memory said. **"In the future, I want to build a house for my parents because the one they are using now is in a bad condition. I also want to own my own workshop so I can help the community and employ others in the community."**

Along with your generous support, this program is also supported by the Australian Government, through Australian NGO Cooperation Program (ANCP).

¹ [World Bank](#)



MEMORY'S STORY

LEARNING TASKS


TASK 1: COMPREHENSION

- A. What were some of the challenges Memory faced growing up and when finishing school?

- B. Explain how Caritas Australia and CADECOM have supported Memory and others in her community?

- C. How has Memory improved her life and that of her family and community?

- D. In what ways is Memory working towards making a difference for future generations?

- E.  Which Catholic Social Teachings do you see reflected in Memory's story? (Refer to CST Guide on page 3)

TASK 2: GENDER STEREOTYPES

Watch [A Class That Turned Around Kids' Assumptions of Gender Roles!](#) (2 mins).

Reflection on how have you seen gender stereotypes change. Or, if you haven't seen change, think about what you have learnt about in the past about the roles of women and men and how these have changed. What else would you like to see change in your lifetime?

A CATHOLIC WORLDVIEW (JUDGE)

SUBSIDIARITY

noun

- from the Latin word *subsidium*, meaning support or assistance
 - the idea that people and groups have the right to participate in decisions that affect them and, when they can't meet their own needs, other parts of society (e.g. the government) act according to their duty to assist with resources and support
 - an approach to common life that promotes participation and ensures people are architects of their own development
- A. How is subsidiarity and participation demonstrated in Memory's story?
- B. How is supporting Project Compassion one way you can demonstrate a commitment to subsidiarity and participation?

LEADERSHIP

Memory has demonstrated leadership by: working hard to secure her dream of going to college and getting a job; proving women can become carpenters too; being a good role model for her siblings; and sharing her commitment to her community with the hope that one day she will own her own workshop so she can employ others in her community.

Explore the theme of leadership in Scripture.

Moses – Read the story of the Burning Bush (Exodus 3:1-20) where this year's Project Compassion theme is drawn from. God has to be very convincing in order for Moses to take action.

How did Moses demonstrate leadership?

Jesus – One of the most powerful events in the life of Jesus is when he washes his disciples' feet in John 13:1–16.

Explain servant leadership.

FAITH IN ACTION (ACT)

PRAYER

Write a prayer inspired by Memory's story.

FASTING

Fasting can be linked to our concern for those who are forced to fast by their poverty, those who suffer from the injustices of our economic and political structures, and those who are in need for any reason. Traditionally, abstaining from meat was one way of remembering people who did not have enough to meet their daily needs. Some people also choose other ways to 'fast' such as from social media.

Reflecting on Memory's story, how will you 'fast' this week?

ALMSGIVING

Memory is putting her skills as a carpenter to good use. How can you put your time, talents or treasure towards helping others this Lent?

MEMORY'S STORY

COUNTRY STUDY

Find the matching icons on the Secondary Deep Dive and use your own research to find out the information below.

Secondary Deep Dive link







 <p>What is the population of Malawi? What is the population of Australia?</p>	Malawi:		 <p>The Laudato Si' Goals Identify one or more Laudato Si' goals and explain how they are being addressed through the work of Caritas Australia and its partners.</p>
	Australia:		
 <p>Predict life expectancy in Malawi and Australia. Find out the correct answer. Does this surprise you? Why/Why not?</p>	Malawi	Australia	
	Prediction:	Prediction:	
 <p>What share of the population of Malawi live in extreme poverty on less than \$2.15 per day?</p>	Actual:		
	Actual:		
 <p>What share of the population of Malawi live on less than \$10 per day?</p>			
<p>List the various activities Caritas Australia's partner, CADECOM, offer Memory's community.</p>			 <p>The Sustainable Development Goals Select two SDG goals that are relevant to Memory's story. Explain your selection.</p>

PHOTO CREDITS

Ronita's Story (Philippines) – Richard Wainwright/Caritas Australia

Leaia's Story (Samoa) – Laura Womersley/Caritas Australia

Memory's Story (Malawi) – Tim Lam/Caritas Australia

STUDENTS

Learning about challenges to the health, wellbeing and safety of others and our earth can be hard. If you are feeling worried or upset about anything you have learnt about through this resource, make sure you talk to your teacher or trusted adult. They can share your concerns via our [website](#).

Do you have an idea for how Caritas Australia can improve our school resources? We would love to hear it! Please email education@caritas.org.au

TEACHERS

For more school resources, please visit: caritas.org.au/resources/school-resources/

Stay up to date with events and resources! Subscribe to [Caritas Australia's Education e-newsletter](#).




Caritas Australia gratefully acknowledges the support of the Australian Government through the Australian NGO Cooperation Program.

PROJECT COMPASSION FOR ALL FUTURE GENERATIONS



 caritas.org.au/project-compassion

 1800 024 413

 #projectcompassion



End poverty
Promote justice
Uphold dignity